MARCH 5, VOL. 15

55+ WALK WITH US UPDATE



How Far We Have Walked

As of February 29th, we have walked a collective total of **4138km**.

We are only 26km away from Caribou Lake! So close!!

Walking is the ultimate travel adventure. You never know where your feet will take you.

Next Stop - Caribou Lake

The airbase was established in 1928, starting with a single H-Boat assignment. Caribou Lake is referenced during a story about the salvage of an Avro Anson in the 1940s, but only as a pitstop to feed some hungry stranded pilots.

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Caribou Lake



Walker of the Week: Mike Gutschmann

Meet Mike Gutschmann, our Walker of the Week. He's a regular around here, knocking out a solid 15 laps each time he visits.

Why does he keep coming back? Well, he's a fan of the warm atmosphere and the different sites to see here at the Bushplane.

Mike doesn't have a favorite, he enjoys seeing them all.

When he's not here(and the weather is warmer), you might catch him camping or tinkering away at woodworking projects.

Mike is all about straightforward pleasures, maintaining a steady rhythm, and getting his laps around the planes that draws him back time and again.





<u>55+ Tai Chi for April!</u>

Embark on a journey of harmony and balance with our upcoming Tai Chi classes at the Bushplane in April. Enjoy a serene and holistic approach to wellness, blending gentle movement with mindfulness practices.

Dates: April 3, 10, 17 & 24. Time: 1-2pm Fee: Free for Members and \$20.00 plus tax for non-members >>Sign up on our website or at the front desk.